



## *VIRGINIA RUGBY FOOTBALL CLUB*



### **GENERAL INFORMATION**

#### ESTABLISHMENT

1961 (The Oldest Club South of the Mason-Dixon Line)

#### OFFICIAL WEBSITE

[www.virginiarugby.org](http://www.virginiarugby.org)

#### CLUB COLORS

Orange/ Blue

### **OFFICERS**

#### PRESIDENT

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#### VICE PRESIDENT

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#### SECRETARY

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#### MATCH SECRETARY

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#### RECRUITING

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#### SPONSERSHIP

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## **CLUB INFORMATION**

### **DUES**

Returning Players: \$80.00

New Players: \$45.00

Dues are applied to fees paid to USA Rugby, Mid-Atlantic Rugby Football Union fees, Virginia Rugby Union fees, Referee fees, parties, balls, field rent and maintenance and equipment. Dues do not cover all of these expenses and all players are expected to attend fundraisers.

### **CIPP**

All players must be CIPP registered to be able to take the field and play. To register, go to [www.rugby.org](http://www.rugby.org) and CIPP under Virginia Men's Rugby Football Club – Senior.

### **KIT**

Navy Rugby Shorts

Blue/ Orange Socks

Gum shield/ Mouth guard

Cleats (Rugby or Soccer – no front cleat)

Jersey (provided by VRFC)

### **PRACTICE**

Practices are held on Tuesday and Thursday evenings at Edgehill Farm from 6:30 PM till dark. Be kitted up and ready to go by 6:30. After the time change, we will move practice to Burley Middle School at the same times. If you cannot make a practice, try to let one of the coaches or officers know ahead of time.

### **GAME DAYS**

Match time is at 1:00 PM on Saturdays. Be kitted up and ready to go at 11:45 AM (unless another time has been announced during the week). We will have a sign up sheet at practice on Tuesday for everyone who will be at the match and able to play.

### **HOME MATCHES**

Four or five people will need to get to the field prior to pre-game to set up the field. It usually takes an hour to an hour and one half to get the field ready. Those who set up the field are exempt from tear down that includes field breakdown and trash clean up. Every player must participate in either setup or breakdown.

### **AWAY MATCHES**

Directions will be emailed to the club list the week of the match with hard copies available at the meeting place on Saturday morning. The meeting place is usually at Burley Middle School but will always be announced after Thursday's practice.

### **JERSEYS**

The jerseys will be supplied by the club but must be washed after every match. Starting with Rookies, each person on the club will be assigned to wash the jerseys.

### **AFTER-PARTY**

We encourage everyone to attend the drink-ups but it is understood that on occasion players have obligations that inhibit their participation. At the drink-ups, try to wear team merchandise as much as possible to help with recruiting and club representation. Remember, WE EAT LAST! There is enough food to go around and make sure everyone has a plate before we dif in.

### **SELECTION COMMITTEE (Directly from the VRFC Constitution)**

- 1) Shall consist of at least 4 members and must include but not limited to: Head Coach, Assistant Coach(es), Field Captain(s), and a randomly selected active VFRC playing member.

- 2) In the event of multiple teams (i.e. a second or third XV), the selection committee will be expanded to include Field Captain(s) of said teams, and any assigned Coaches to said teams.
- 3) In the event of a split decision, the Head Coach has the deciding vote.
- 4) Shall be responsible for making team selections by the Thursday practice prior to each game.
- 5) Shall take into account when making the game line-ups such factors as player's attendance, participation, skill, talent, fitness and contribution to the team.
- 6) Selections can only be made from those deemed eligible to play. Eligibility is based on the following criteria:
  - a) Dues must be paid as per Article VIII-A.1 in the VRFC Constitution.
  - b) Must have attended three out of the last four training sessions prior to the match or have an excuse that is approved by the Executive Board.
  - c) No player may take the field with the First XV without having fulfilled these two tasks.
  - d) Players who have completed one of these tasks are eligible for play on the Second XV.
  - e) Any player who has completed one of these tasks must be played before a player who has not completed any of these tasks.

## **OTHER COMMITMENTS**

### **THE VRFC ANNUAL GENERAL MEETING**

Attendance is required at the VRFC Annual General Meeting. This meeting is always held the first Tuesday after the last match of the Fall Season. The purpose of the meeting is to elect club officers, report on club finances and discuss any additional club business.

### **FUNDRAISERS**

Please make an effort to attend as many fundraiser events as possible.

**THIS IS YOUR CLUB. BE INVOLVED. PLAY AND ENJOY THE GAME.  
MAKE EVERY EFFORT TO HELP THE CLUB AND GAME GROW IN  
OUR COMMUNITY.**